

# Care coordination and Supplementary Services (CCSS)

This is a FREE service for Aboriginal and/or Torres Strait islander people.

The program aims to improve the health outcomes of people who:

- suffer from one or more chronic diseases- cancer, diabetes, heart disease, kidney disease and/or lung disease
- need some assistance to attend specialist appointments, help with transport costs and medical aids

All you need is a GP referral.

## For more information

Take this brochure to your doctor and ask how Closing the Gap can help your health.

## Closing the Gap Eastern Melbourne PHN

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Box Hill, VIC 3128  
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F: 8677 9510  
[www.emphn.org.au](http://www.emphn.org.au)

Eastern Melbourne PHN would like to acknowledge the Wurundjeri people and other peoples of the Kulin nation as the traditional owners of the land on which our work in the community takes place. We pay our respects to their Elders past and present.

**phn**  
EASTERN MELBOURNE

An Australian Government Initiative

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Artwork used in this picture is by Reanna Bono of Yakuwa Graphic Design

# Health Assessments

## for Aboriginal and/or Torres Strait Islander People



# What is an Aboriginal and/or Torres Strait Islander Health Assessment (MS 715)?

The Health Assessment (MBS 715) is a health check done by a doctor. This will include questions about your physical, emotional and social wellbeing.

## Why have a Health Assessment?

The aim of the Health Assessment (MBS 715) is to make sure Aboriginal and/or Torres Strait Islander people receive primary health care matched to their needs.

You are eligible for a free health check (MBS 715) every 12 months, at any age.

Make sure you book a long consultation with your doctor when going for your health check.

## Your doctor will:

- Collect information by asking you questions
- Conduct examinations such as blood pressure, height and weight measurement
- Make an overall assessment
- Make recommendations and provide advice and further information about your health care
- Keep a record of your health assessment and offer you a copy with any recommendations.

## After your Health Assessment

Your doctor may create a care plan for you. This care plan should clearly identify any services or follow up you may require.

## Allied health professionals:

Under a care plan, you may be eligible for five allied health sessions per calendar year. Your doctor must refer you to these services.

These allied health services may be provided by the following

- Aboriginal health worker
- audiologist (hearing)
- chiropractor
- diabetes educator
- dietician
- mental health worker
- occupational therapist
- osteopath
- podiatrist
- physiotherapist
- psychologist
- speech pathologist