Resources for supporting the older person

For aged care residents and carers

Inclusive resources for diverse communities

<u>View >> LGBTIQA+ Multilingual Terminology Carer Guide.</u>

<u>View >></u> 10 Questions to ask when looking for an inclusive aged care provider.

View >> R U OK's LGBTIQ+ Conversation Guide.

View >> Volunteer visitors program for people who speak languages other than English.

View >> Help us keep residents safe and well - Factsheet for carers of residents in aged care.

View >> 13YARN - conversation fact sheets.

Translation services

View >> National Relay Service for all communication needs.

View >> Translating and Interpreting Service.

Mental Health for the ageing person

<u>View >></u> How to have a conversation with older people about anxiety and depression.

View >> Dementia Training Australia (DTA), Free online courses and resources.

View >> 13YARN Grief, loss, and 'Sorry Business'.

Caring for someone with Dementia

<u>View >> Dementia Training Australia</u> (DTA), Free online courses and resources.

<u>View >></u> Free course - Preventing Dementia.

<u>View >> Free course - Understanding Dementia.</u>

View >> LGBTI and dementia.

View >> CALD Dementia Resources for Families and Professionals.

View >> Resources for Aboriginal and Torres Strait Islander communities

Palliative Care & Advanced Care Planning

<u>View >> Palliative Care for carers and consumers.</u>

<u>View >></u> Advance care planning for Aboriginal and Torres Strait Islander peoples.

View >> Create your advanced care plan Victoria.

View >> Help us keep residents safe and well - Factsheet for carers of residents in aged care.

View >> Safeguarding the End of the Rainbow Booklet

Carer support services

<u>View >></u> Carers Victoria.

<u>View >></u> Carer Gateway.

<u>View >> The Compassionate Friends Victoria.</u>





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