

For Clinics

## POLAR patient opt out (for Clinics)

Time estimate for opting out a patient: Under 10 Minutes.

### Step 1

Make a note of the patient ID listed in the clinical software.

### Step 2

Once logged into POLAR explorer, navigate to 'My Site'.



### Step 3

Then select "opt out patient" in the top right.



### Step 4

Enter the Patient ID identified in Step One and click "opt out".

