

# Psychosocial Support Service

## Mental health support in eastern and north-eastern Melbourne

### What is the Psychosocial Support Service?

The Psychosocial Support Service (PSS) assists individuals with severe mental health issues who are not supported by the NDIS.

Psychosocial support can assist people to participate in their community, manage daily tasks, secure stable employment or housing and connect with family and friends. They may include one-to-one or group support.

The PSS delivered by Wellways, Carrington Health, healthAbility and Mental Health Stepped Care partners will have a focus on physical and mental health and is available for people in eastern and north-eastern Melbourne

### What supports are available?

Psychosocial support may include:

- developing social skills and friendships
- building relationships with family
- managing money
- finding and looking after a home
- building skills and qualifications
- developing work goals
- staying physically well, including exercise
- support with drug, alcohol and smoking issues
- building life skills, including confidence and resilience
- exploring access to the NDIS

### Who can use the service?

People with severe mental health issues who are not receiving support from the NDIS may be eligible.

The program is available to people who:

- live, work in or have connection to the Eastern Melbourne Primary Health Network
- are not supported by the NDIS
- are not receiving state-funded PSS

### How to access Psychosocial Support Service

Anyone can make a referral to the PSS including:

- Community members referring themselves
- Carers
- Friends and/or families
- GPs and other service providers in the region

**Call the Wellways Intake Worker  
on (03) 8486 4292 or email  
[PSSintake@wellways.org](mailto:PSSintake@wellways.org)**

*The PSS program is delivered by Wellways and Carrington Health partners including healthAbility, Access Health and Community, Inspiro Community Health, Banyule Community Health and Nexus Primary Health.*

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