

# CLIENT

# MADDISON

“ I don't even know who I am anymore. I'm exhausted. But I have to be strong for my kids. ”

Isolated  
Overwhelmed  
Exhausted  
Resilient

AGE: 33

EMPLOYMENT STATUS: Unemployed

EDUCATION: Bachelor of Arts

LOCATION: Bayswater

FAMILY STATUS: Separated from partner with an IVO in place.  
Two children: Nevaeh 9yo & Torren 5yo.

HEALTH: PHYSICAL: Puts her health aside to focus on her kids.  
Does not eat well and uses alcohol as coping mechanism.  
Tired all the time – often exhausted.  
MENTAL: Anxiety & complex PTSD because of the abuse.  
Low mood & self-worth.

Hello, I'm Maddison. I'm Mum to two great kids, they're my world. We've had a rough few years and I'm beside myself trying to hold it together for them. I'm exhausted and really don't know what I'm going to do next.

Their Dad and I split a while back. I had to leave before anything worse happened. Joe was out of control and completely deluded. He was always off his face, getting into trouble and blaming me and the kids for everything. He'd lash out at me and it took all my strength to keep him away from the kids. It was the right decision to leave but it hasn't been easy.

I'm in 'the system' now and that's harder than being with Joe sometimes. I can't get any straight answers or real help. If they think I'm losing it they'll take my kids. But if I look like I've got it together they won't help me. I can't win.

I'm really struggling with Nevaeh's outburst. She gets upset or angry and screams and cries and I end up yelling back. I can't keep doing this!

Joe is in hospital at the moment, so that's a little bit of space. It doesn't stop him texting me 20 times a day though – the IVO is bloody useless. I'm really worried about what happens when he gets out.

We've got a place to stay at the moment, but it's temporary and really small. The kids drive me nuts in such a tiny space. I've no idea where we'll go next.

## INTERESTS

- My kids are my life. Keeping them safe and happy is all I care about at the moment.
- I'm an animal lover. I want to get us a cat when we get our own place.
- I used to draw and paint a lot. I really miss it.

## GOALS

- We need our own place. A safe space that's all ours so we can start over.
- I need a car. I feel trapped without my car.
- I want to get a job again and get better at managing finances so I can provide properly for the kids.
- I'd like to see some of my friends again.
- I need help dealing with Nevaeh's behaviour.

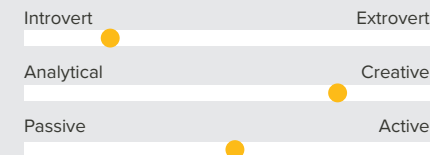
## FRUSTRATIONS

- 'The system' is so overwhelming. I've got to play the game to get any help. All these appointments and things I've gotta do. I'm not even sure it's helping.
- Joe is making out it was a once off and some people believe him! He's trying to use stuff against me to get the kids. It's a nightmare.

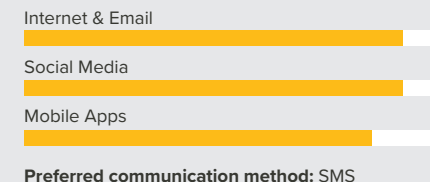
## SERVICE NEEDS

- Family Violence services
- Housing services
- Community legal services
- Parenting support
- Financial counselling

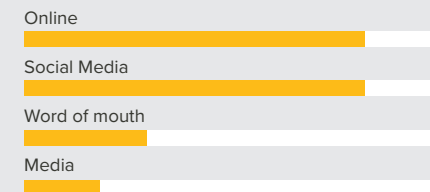
## PERSONALITY



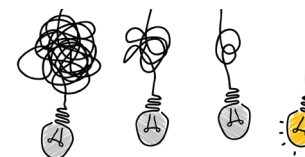
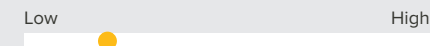
## TECH USAGE



## INFORMATION SOURCES



## INCOME LEVEL



Eastern Regional Coordinators